

Breathing Room

Early Childhood Educator Affinity Series

Facilitated by Courtney (Coco) Casper

This communal affinity series is open to those working in the field of early childhood education who identify as People of Color. Our time together will be dedicated to building connection with one another and openly processing our wide range of experiences in a supportive, non-judgmental environment.

This space will deeply honor BIPOC wholeness, joy, hardship, nuance, community care, and racial trauma.

Group facilitation will also include psychoeducation for mental and emotional health management as well as tools for self-advocacy and communal strategizing within the work environment.

Participants are invited to experience a conversation in the style of group therapy, engage in breakout spaces, activities, and receive informational handouts.

VTAEYC is the proud sponsor of this series. Huge thanks to Coco Casper for facilitating. We look forward to this time together!



Courtney Casper (she/her) is a clinical social worker, local changemaker, per diem counselor at UVM Counseling & Psychiatry Services, and an MSW candidate at Smith College. As a queer, multicultural, first-generation American child of immigrants, she holds a deep affinity for exploring intimacy and attachment with people of all ages and identities. Her decade of professional history reflects her investment in BIPOC-centered healing and open critical dialogue across settings. Courtney emphasizes humor, multiplexity, and deconstruction of power in her clinical and personal work.

Thursdays

May 20

May 27

June 3

6 - 7 PM EST via Zoom

Register:

vtaeyc.org/events

Questions?

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This affinity space is free and open to all People of the Global Majority (Black, Indigenous, and other People of Color) in the field of early childhood education who are living and working on unceded Abenaki lands commonly known as Vermont.

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Vermont Association for the Education of Young Children

